

Client: 

Clinical Management of Behavioral Health Services

Clinical Opiate Withdrawal Scale (COWS)

* Resting Pulse Rate beats/minutespulse rate 80 or below☐ 0pulse rate 81-100☐ 1pulse rate 101-120☐ 2☐ 3pulse rate 120+☐ 4

Sweating

* Observation

no report of chill or flushing subjective reports flushed or observable moistness on face beads of sweat on brow or face sweat streaming from face☐ 0☐ 1☐ 2☐ 3☐ 4

Restlessness

* Observation

Unable to sit stillreports difficulty sittingfrequently shiftingunable to sitserial additionsstill but is able to do soor extraneous movement of legs/armfor more than a few seconds☐ 0☐ 1☐ 2☐ 3☐ 4☐ 5

Pupil Size

* Observation

pupil pinned or normal sizepupils possiblypupil moderately dilatedpupils so dilated thatfor room lightlarger than normalonly the rim of the iris is visible☐ 0☐ 1☐ 2☐ 3☐ 4☐ 5

Bone and Joint Ache

* Observation

not presentmild diffuse discomfortpatient reportspatient is rubbing joints or muscles__________severe diffuse aching of joint and musclesand is unable to sit still due to discomfort☐ 0☐ 1☐ 2☐ 3☐ 4

Running nose or tearing

* Observation

not presentnasal stuffinessnose running or tearingnose constantly running_____or unusually moist eyes_____or tears streaming down cheeks☐ 0☐ 1☐ 2☐ 3☐ 4

GI Upset

* Observation

no GI symptomsstomach crampsnauseaVomiting or diarrheamultiple episodes of__________or loose stool_____diarrhea or vomiting☐ 0☐ 1☐ 2☐ 3☐ 4☐ 5

Tremor

* Observation outreach
handsno tremortremor can be felt but not observedslight tremor observableGross tremor or muscle twitching☐ 0☐ 1☐ 2☐ 3☐ 4

*Observation

Anxiety or Irritability

Gooseflesh skin

Total COWS Score

Maximum possible score = 48

<i>Mild</i>	<i>Moderate</i>	<i>Moderately Severe</i>	<i>Severe</i>
5 to 12 Points	13 to 24 Points	25 to 36 Points	More than 36 Points